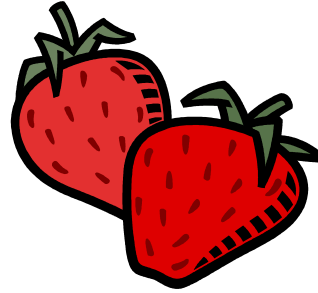


# FFVP Songs

## *I Love Strawberries (sung to Waltzing Matilda)*

From April through July you can find me in the garden  
Looking for a fruit that is red and juicy  
It grows on the ground and has 200 little seeds  
Did you guess that the fruit is strawberries?



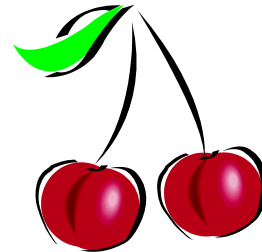
I love strawberries, I love strawberries  
Won't you come and pick some with me  
And we'll laugh and we'll eat while we find as many as we can  
I hope you love strawberries as much as me

July through November you'll find me in the garden  
Searching for a plant that is high in manganese  
It is the most common summer squash variety  
Did you guess that the veggie's zucchini?



I love zucchini, I love zucchini  
Won't you come and pick some with me  
And we'll laugh and we'll eat while we find as many as we can  
I hope you love zucchini as much as me

From May through August you'll find me in the garden  
Looking for a red fruit that grows on a tree  
Bing and Rainier are two of the sweet varieties  
Did you guess that the fruit is cherries?



I love cherries, I love cherries  
Won't you come and pick some with me  
And we'll laugh and we'll eat while we find as many as we can  
I hope you love cherries as much as me

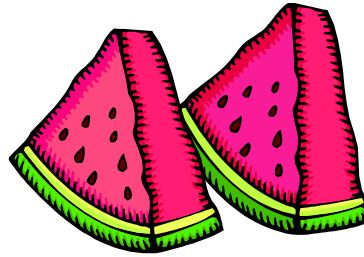
July through November you'll find me in the garden  
Searching for a veggie that looks like a tree  
It was brought to the U.S. in the 1920's  
Did you guess that the veggie is broccoli?



I love broccoli, I love broccoli  
Won't you come and pick some with me  
And we'll laugh and we'll eat while we find as many as we can  
I hope you love broccoli as much as me

**Watermelon** (sung to Alloutte)

Watermelon, juicy watermelon  
Watermelon, so good and sweet  
You are so delicious  
You are so nutritious  
Delicious  
Nutritious  
O-o-o-oh  
Watermelon, juicy watermelon  
Watermelon, so good and sweet



**There was a student who tasted a plum**  
(sung to There was an old lady who swallowed a fly)

There was a student who ate a plum  
Yum, oh yum, she ate a plum  
It was good she tried



There was a student who ate an apple  
Oh how crispy, juicy, and satisfying  
She ate an apple after the plum  
Yum, oh yum, she ate a plum  
It was good she tried



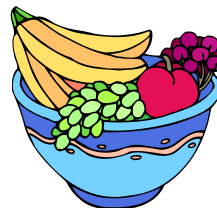
There was a student who ate a grape  
How great, to taste that grape  
She ate a grape, an apple, and plum  
Yum, oh yum, she ate a plum  
It was good she tried



There was a student who ate a peach  
What a relief, it was so sweet!  
She ate a peach and a great tasting grape  
She ate an apple and a juicy plum  
Yum, oh yum, she ate a plum  
It was good she tried



There was a student who tasted all the fruit  
Wahoo! She ate her fruit  
It was good she tried



### ***The Banana Boat Song (Day-O)***

Day-o, Day-ay-ay-o  
Daylight comes and I go to school  
Day, me say day, me say day, me say day  
Me say day, me say day-ay-ay-o  
Daylight comes and I go to school

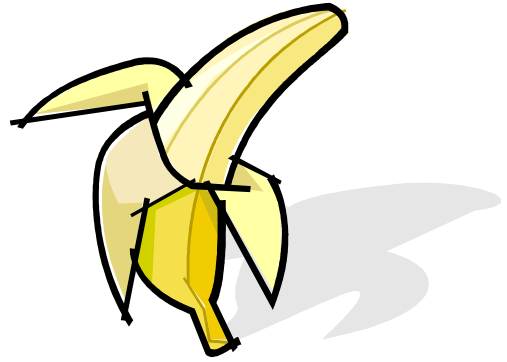
My fruit and veggie snack help me start  
Daylight comes and I go to school  
I learn in class and become so smart  
Daylight comes and I go to school

Please, Mrs./Ms./Mr. (Fill in teacher's name here), give me a banana  
Daylight comes and I go to school  
Please, Mrs./Ms./Mr. (Fill in teacher's name here), I want a banana  
Daylight comes and I go to school

It's a six foot, seven foot, eight foot bunch!  
Daylight comes and I go to school  
Maybe after snack they will serve it at lunch!  
Daylight comes and I go to school

They're full of minerals like potassium  
Daylight comes and I go to school  
When I eat them I say yum, yum, yum  
Daylight comes and I go to school

Day-o, Day-ay-ay-o  
Daylight comes and I go to school  
Day, me say day, me say day, me say day  
Me say day, me say day-ay-ay-o  
Daylight comes and I go to school



### ***Beans, carrots, broccoli, and spinach (sung to John Jacob Jingleheimer Schmidt)***

Beans, carrots, broccoli, and spinach  
Those are my favorites, too!  
Whenever its snack time  
The kids all love to cry  
I love beans, carrots, broccoli, and spinach!  
Da da da da da da da



### ***Oh My Darling Clementine***

In an orchard, in an orchard  
Growing old and tall in Spain  
Was a tree like any other,  
But was full of Clementine's

Oh my darling, oh my darling,  
Oh my darling, Clementine!  
You are sweet and oh so juicy  
My delicious Clementine

Small and orange and easy to peel  
Full of vitamin C  
You will keep me oh so healthy  
I know you are good for me

Oh my darling, oh my darling,  
Oh my darling, Clementine!  
You are sweet and oh so juicy  
My delicious Clementine



### ***Peppers Red (sung to Short'nin' bread)***

Wash your hands and yell Wahoo  
We're going to eat our peppers red  
They come in orange, green, yellow too  
But we're going to eat our peppers red

My best friend loves peppers, peppers  
My best friend loves her peppers red  
My best friend loves peppers, peppers  
My best friend loves her peppers red

They're higher than an orange in vitamin C  
So they will keep up so healthy  
They taste much sweeter than those colored green  
So we're going to eat our peppers red

My best friend loves peppers, peppers  
My best friend loves her peppers red  
My best friend loves peppers, peppers  
My best friend loves her peppers red



***Outside of a garden*** (sung to *On Top of Spaghetti*)

Outside of a garden, surrounded by green  
I found rows of lettuce, and plenty of beans

I walked through the garden, and looked all around  
Couldn't find the potatoes, they were still in the ground

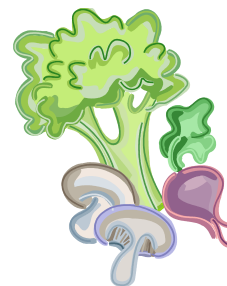
The corn had grown so high, I could hardly see  
But finally I got out, and found the broccoli

The eggplant was purple, the spinach was green  
I couldn't wait for snack time, I was so hungry



***Eat, eat, eat your veggies*** (sung to *Row, Row, Row Your Boat*)

Eat, eat, eat your veggies,  
Eat them every day  
So you will grow strong and healthy  
With no delay



***Take me out to the orchard*** (sung to *Take Me Out to the Ballgame*)

Take me out to the orchard  
Take me out there today  
Let me taste test some apples  
Try Wisconsin varieties  
They're a good source of fiber  
Full of vitamins too  
One a day keeps the doctor away  
So let's leave soon



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